

# WMS DAILY ANNOUNCEMENTS

February 9th  
A Day

## Upcoming events:

2/16 - School closed - Presidents' Day

2/17 - School closed - Lunar New Year



## SGA - Wellness Week

It is the start of Wellness Week!! Today and tomorrow, you will be learning hands-only CPR in PE. In addition to life-saving skills, every day you will learn some tips to keep you healthy and strong.

Healthy tip for today:

Be Active! 60 minutes of physical activity every day is recommended for good health.

There are 1440 minutes in a day, and you only need 60 minutes of physical activity!

What are you waiting for? Go play!

## WMS Forensics Team

Huge shoutout to the WMS Forensics team for their absolutely stellar performance at the Hudson Charter tournament this past Friday! After weeks of relentless practice, our powerhouse team of fifteen girls showcased world-class teamwork and truly electrifying public speaking skills.

We are thrilled to announce that their hard work paid off with an incredible

### 2nd Place Overall award!

We are so incredibly proud of your courage and talent—way to go, WMS!

Shout outs to

### In Prose:

Zoe Ivaniashvili - 6th place

Ava Balakrishnan - 4 th place

### Memorized Interpretation

4th place Dayna Li and Zoe Rana

3rd place - Aahaha Verma

2nd place - Ava Balakrishnan

### Poetry

3rd place Savanah Snider

2nd place Ashi Aroraa

1st place Yvonne Thach

### Declamation

1st place Anishka Suhas